

## Human Bowling

**Objective:** The goal of Human Bowling is to knock down as many "pins" as possible by sliding players on floor dollies towards the pins. The team with the most pins knocked down at the end of the game wins.

### Setup:

- Create a "bowling lane" using tape or markers on the floor.
- Place large, lightweight pins (such as empty plastic bottles or foam cones) at the end of the lane.
- Provide each team with a floor dolly (a flat, wheeled platform).

### Rules:

1. **Teams:** Divide players into two teams.
2. **Starting the Game:** Teams take turns sending one player at a time down the lane on a floor dolly.
3. **Launching the Player:** Players can either push off with their hands or have a teammate give them a gentle push to gain momentum.
4. **Knocking Down Pins:** The objective is to knock down as many pins as possible. Each pin knocked down counts as one point.
5. **Scoring:** After each player has had a turn, count the number of pins knocked down and record the score.
6. **Winning the Game:** The team with the most points after all players have taken their turn wins.

### Safety Considerations:

- Ensure the floor is smooth and free of obstacles.
- Have an adult supervise the launching to ensure players are not pushed too hard.

### Variations:

**Relay Bowling:** Have players return to the starting line after their turn and tag the next player, creating a relay race element.